

# Remote Auditions

## CENTRE FOR ADVANCED TRAINING

Entry 2020



Department  
for Education

### Stage One Audition

Due to the impact of coronavirus/COVID-19 we are now asking all our applicants to audition remotely, instead of attending face to face auditions. This means submitting links to recorded audition footage online.

### Information & Guidance Session— (optional) online session via Zoom which includes :

- An introductory presentation on the Centre for Advanced Training Scheme (CAT) at Northern School of Contemporary Dance (NSCD)
- Information, Advice and Guidance on the remote audition process, including how to learn & record the set tasks
- Question & Answer session

This session enables potential students and their families to learn more about the scheme, applicants will be sent a link and password to access the Zoom session.

### Remote Audition—to record at home.

- **Footage of you talking** which should include:

A short introduction of yourself, including your name, age and why you would like to join the CAT programme, this should be a maximum of 3 minutes.

- **Contemporary Technique**

Learn and record yourself doing Phrase 1 (standing—right side only) as demonstrated in the following link: <https://www.youtube.com/watch?v=FuENWQarmlg&t=>

You are not required to learn and submit the other phrases shown in this YouTube link.

- **Creative Dance Task**

In order to assess your creative skills and ability to respond to instruction we ask that you explore the following task, we ask that you create a phrase of movement that lasts no longer than 1 minute.

The list below can be done in any order.

Try to think about using a range of dynamics (fast, slow, sharp, soft, heavy, light) and levels (high, medium, low)

- \* Circle hand
- \* Lead eight counts of movement from the torso
- \* Drop head
- \* Melt

- \* Shift across the floor to face a different direction
- \* A moment of stillness
- \* Suspend a movement that travels
- \* Shift feet
- \* Reach elbow
- \* Five quick and sharp movements
- \* Swing
- \* Move from very high to very low over eight counts

### **Checklist:**

Your footage can either be recorded in three sections or one continuous stream. We are not expecting high quality footage it can be recorded on a phone.

- \* Footage of you talking (max 3 minutes)
- \* Footage of you performing the contemporary exercise
- \* Footage of you performing your creative task (Max 1 minutes)

Click the following link to complete the online application form: [www.nscd.ac.uk/cat-application-form-2020-entry](http://www.nscd.ac.uk/cat-application-form-2020-entry)

Please upload your remote audition links towards the end of the form in the boxes provided. We advise that videos are sent via online video-link, (Vimeo/YouTube). If you need help with uploading or sending the videos, we will be able to assist you with this.

We would like to take this time to reassure you that we understand that space to dance in might be restricted, this is taken into consideration.

**The final submission date is the end of Saturday 16th May 2020 at 5pm**

### **Further Questions**

If you have any further questions please see the Frequently Asked Questions page on the national dance CATs website [www.nationaldancecats.co.uk/what-are-cats/frequently-asked-questions/](http://www.nationaldancecats.co.uk/what-are-cats/frequently-asked-questions/)

**For any further questions or information requests please contact: [cat@nscd.ac.uk](mailto:cat@nscd.ac.uk)**